

### VSL AGE – SPECIFIC RULES

Age Bracket	U8	U10	U12	U13-14	U15-16	U-17-19
Players*	4v4 No GK	7v7	9v9	11v11	11v11	11v11
Game Length	4x10 or 2x20	2x25	2x30	2x35	2x40	2x45
Field Size (In Yards)	Length 25-35 Width 15-25	Length 55-65 Width 35-45	Length 70-80 Width 45-55	Length 100-135 Width 50-100	Length 100-135 Width 50-100	Length 100-135 Width 50-100
Maximum Goal Size (feet)	Pug Style	6'x12' or 6'x18'	6'x18' or 7'x21'	8'x24'	8'x24'	8'x24'
Ctr Circle (Radius)	None	8 yds	8 yds	FIFA	FIFA	FIFA
Goal Area	None	8x4 yds	12x5 yds	FIFA	FIFA	FIFA
Penalty Area	None	24x12 yds	36x14 yds	FIFA	FIFA	FIFA
Build-Out Line (Will be marked by placing cones on the outside of the field)	None	Equidistant between penalty area line and halfway line	None	None	None	None
Ball Size	#3	#4	#4	#5	#5	#5
Uniforms**	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA
Playing Time	>=50% game	>=50% game	Per coach	Per Coach	Per Coach	Per Coach
Throw-In Retakes	Per Referee	Per Referee	No	No	No	No
Sliding Tackles	No	No	Yes	Yes	Yes	Yes
Heading	No	No	Yes	Yes	Yes	Yes
DFK/IFK	Only IFKs	FIFA	FIFA	FIFA	FIFA	FIFA
Penalty Kicks	No	Yes	Yes	Yes	Yes	Yes
Offside	No	Yes	Yes	Yes	Yes	Yes
Substitutions***	VSL Rules	VSL Rules	VSL Rules	VSL Rules	VSL Rules	VSL Rules
Pay - Ref/AR	\$28/NO ARs	\$35/NO ARs	\$42/\$21	\$49/\$30	\$56/\$35	\$63/\$40

- 🗣️ \* Players are defined as everyone on the field during play including GK (if used)
- 🗣️ \*\* Uniforms must be of like color with numbers on the back
- 🗣️ \*\*\* Substitutions may be made at any stoppage of play **with the permission of the referee**